

MONASTIC PRAYER SCHEDULE

Sunday

6:30 – Rising Bell

7:00 – Lauds

9:30 – Mass

4:30 – Rosary & Adoration

5:30 – Vespers

Monday

6:30 - Rising Bell

7:00 - Lauds

9:00 – Terce

12:30 – Sext and None

4:00 – Rosary & Adoration

5:00 – Vespers

5:30 – Mass

TUESDAY – SATURDAY

6:30 Rising Bell

7:00 – Lauds

7:30 - Mass

9:00 – Terce

12:30 – Sext and None

4:30 – Rosary & Adoration

5:30 – Vespers

7:15 – Matins (Saturday's Only)